

How Do You Measure Success?

As an adult you will probably measure success in the following ways:

- Did you achieve the things you wanted, or were you afraid to venture out and take risks?
- Do you have family, and can you count on one another?
- Do you have close friends with whom you can share memories, laugh, and have fun?
- Is your mind so rich with thoughts that you are not afraid of being by yourself?
- Are you mentally and physically fit?
- Did you volunteer your time to make a difference in someone else's life?
- Were you a responsible citizen, concerned enough to take care of the environment?
- Did you travel to other countries and make new friends?
- Did you (or will you) take care of your parents as they grow old and need your help?

- Can you say you lived your life to the fullest?

So think now what you want the answers to the above questions to be and how you plan to achieve them.

“Raising yourself” is a tough challenge, but you can do it. So make the right choices now and give it all you’ve got.

Wishing you the best in your search for happiness and success in life,

—*Sumant*